

THE ECHO

February 2009



Send your neighbor, friend, or significant other a *CANDY GRAM* for Valentine's Day.

Cost: \$.75 per candy gram

Please visit the front desk starting Monday, Feb. 2nd to place your order and write your message.

Candy grams will be delivered on Friday, Feb. 13th.

Place your order by: 2:00pm Wed., Feb. 11th



Valentine's Day Love Songs

Concert Presented by: Emory Chamber Music Society of Atlanta
Noontime Series.

At the
Michael C. Carlos Museum, Reception Hall

11:00am Friday, Feb. 13
Signup by 2pm Wednesday, Feb. 11

REMINDER

Annual Apartment Inspections begin Monday, February 9th on the 7th floor.

Schedules will be posted.

Annual inspections cover non-personal items Briarcliff Oaks needs to address as a facility to keep your apartment in top condition as well as any safety and health issues.

Contact the office with questions.



Let's Go Bowling!!!

If you enjoy bowling or always wanted to learn, join the Briarcliff Staff as we learn and teach residents virtual bowling using the Nintendo Wii Game.

Friday, February 20th
at 1pm



Welcome to Briarcliff Oaks

We welcome our newest staff member, Assistant Administrator Andy Landrum. Andy has a degree in Business Administration as well as a Master of Divinity. He has been married 12 years. He and his wife Carol have two boys – Nathan, age 7 and Nicholas, age 5. Andy enjoys reading, traveling, hiking, camping and all things Dallas Cowboys. He is looking forward to getting to know each of you. Please take time to introduce yourself and welcome Andy.

Library News

The library will reopen Monday, February 9. Check the CTV, Channel 3, for the weekly schedule.

"A room without books is like a body without a soul."
Cicero

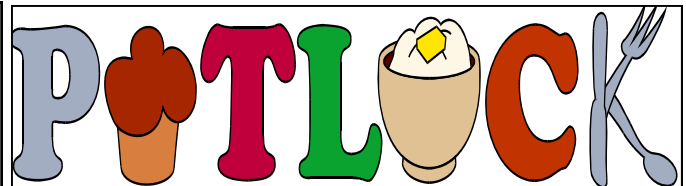
Renovation Update:

- Briarcliff Oaks is moving forward with the renovation project. Based on a meeting with HUD on January 23rd, all indications are HUD will approve the application to refinance the building and issue a firm commitment.
- It will then be necessary to secure a low enough interest rate to generate enough funds for the renovation.
- The 5th floor will be the first floor to be renovated. Those residents relocating to Clairmont as well as those on the 5th floor will be contacted directly as we get additional information.
- All other residents can begin "spring cleaning" and discarding and/or donating items that are no longer needed or used. Briarcliff Oaks is working to arrange for a regular pickup of items you wish to donate.
- Samples of the decorating designs are on display in the Lobby.

Vespers.....

Tuesdays 7:00 p.m.

02/03/09	Rev. Sharyn Dowd First Baptist Church of Decatur
02/10/09	Mr. Tony Scarratt Lay Speaker
02/17/09	Rev. Joe LaGuardia Chaplain, Clairmont Oaks Inc.
02/24/09	Rev. Bill Bigger



Inviting all residents, friends, and family to a *Briarcliff Oaks Potluck* on Thursday, February 19th 6–8pm.

Entertainment by
The Ukulele Society

Signup by Tuesday, Feb. 17th

Shopping

Super Wal-Mart

Friday, February 6th

10:00 a.m.



CHOMP'NCHAT

February 25th

at 12 noon

supper out

Dining Committee to select Restaurant on Monday, February 2nd

11:30am

Bingo

Wednesday ~ Feb. 11th, 3:30pm

Thursday ~ Feb. 26th, 7:00 p.m.

GET YOUR MEDICATIONS!

PHARMACY RUN

CVS, ECKERD'S, SAM'S & WALGREENS

With trip to Dollar Store

Tuesday, February 10th

10:00a.m.



Shopping & A Movie

Enjoy shopping at Gwinnett Place Mall or take in a Movie at the theater. A list of the movies showing will be posted closer to the date.

**1:30pm Monday, Feb. 16;
signup by 2pm Thursday,
Feb. 12**

ANGEL FOOD MINISTRIES

See resident, Kathryn Hill if you are interested in ordering



Resident Council meeting

February 9th

12 Noon



In The House

~All committee meetings held in the Fellowship Hall~

11:30am Mon., 2/2: Dining Committee meeting

12:30pm Mon., 2/2: Vespers Committee meeting

11:00am Tues., 2/3: Movie Committee meeting

1:00pm Tues., 2/3: Briarpatch Committee meeting

11:00am Wed., 2/4: Activity Committee meeting

1:00pm Wed., 2/4: BINGO Committee meeting

1:00pm Thurs., 2/5: ECHO Committee meeting

11:00am Wed., 2/25: Briarcliff Oaks Trivia

Coming in March: Girl Scout Performance at 3:30pm on Wed, Feb. 4

Wear a Mask

**FAT TUESDAY
CELEBRATION!**

Creole Food!

Door prizes given for the best mask and most beads worn.

Tuesday, Feb. 24th at 12 noon

Please signup by 2pm Friday, Feb. 20th

Out and About

First Baptist Church of Decatur for Prayers & Squares

Come find out how you can help create quilts for chronically ill patients. Everyone participates by tying a knot and praying for the recipient.

10:00am Thursday, Feb. 12th; signup by 2pm Feb. 10th



Big Apple Circus

Stone Mountain Park

Cost: \$9 per person

10:00am Friday, Feb. 27th; signup by 2pm

Wednesday, Feb. 25th

WELLNESS WORDS

NOTE: Unless otherwise stated all presentations will take place in the Fel-

"Fostering Hope through Hospitality"

Join Chaplain Joe LaGuardia for a four-month long seminar that meets on the third Tuesday of every month.

Begins Tuesday, February 17th at 3:30 P.M.

Explore ancient scriptures and contemporary trends to learn the art of

Master's Hands

Volunteers from The Young Marrieds Group at Decatur 1st Baptist Church are available to assist you with projects/ chores you might have difficulty performing on your own.

Examples include - hanging pictures, turning mattresses, washing windows, etc. If you have any questions regarding the appropriateness of a job request, please contact Jamie.

**Saturday , February 14,
beginning at 9:00a.m.**

Hearing and Hearing Loss

February 17, 2:00 p.m.

Join audiologist, Dr. Tysha Powell as she provides information about hearing and hearing loss

If you can't feed a hundred people, then

Making a difference in your community

Thank you to everyone who made donations to NetWorks. The toiletries, snacks and items

AARP Tax Assistance

Tax Time is fast approaching....

Sierra Therapy Services

Sierra Therapy can provide outpatient physical therapy locally at Briarcliff Oaks



Physical Therapist, Tonya Murphy, will begin holding office hours



WELLNESS WORDS

Vitals Check with Sierra Therapy ~ Tues., February 3 ~ 1:00-2:00 p.m.

Blood pressure, pulse and respiratory rate checked. Monthly wellness

ОБЪЯВЛЕНИЕ

НОВАЯ УСЛУГА Thursday, February
19

(JF&CS) ЕВРЕЙСКОЕ АГЕНТСТВО СЕМЬИ
И ТРУДОУСТРОЙСТВА

СЛУЖБА ИНФОРМАЦИИ ДЛЯ ПОЖИЛЫХ
РУССКОГОВОРЯЩИХ ЖИТЕЛЕЙ АТЛАНТЫ

С ВОПРОСАМИ ОБРАЩАЙТЕСЬ К
АННЕ СКВИРЕНКО

ТЕЛ. 770-677-9371

Foot Care



John Noonan ~

Thursday, February 19

~Sign up for an appointment in

Diabetes Support Group

February 24 ~ 1:00 p.m.

Activities Room

Exercise at Briarcliff Oaks

- Qi Gong classes: Thursdays, 11:00 a.m.

Exercise Demonstration

Friday, February 20, 10:00 a.m. ~ Fellowship Room

What happens during exercise class? Is it appropriate for me? What areas am I working? Join instructor Stacy Rogers as she does an exercise demonstration ex-

Mobile Eye Doctor ~ Dr. Kelly Barrows

Make an appointment for a comprehensive eye exam

Sign up in the Activities Book