

# THE ECHO

January 2009



## Annual Floor Meetings

Annual floor meetings will be held on January 28, 2009  
Fellowship Room

2nd, 3rd and 4th Floors ~ 10:00 a.m.

5th, 6th and 7th Floors ~ 2:00 p.m.

Please make every effort to attend this meeting. Resident council representatives will be elected (if necessary), volunteer opportunities and upcoming plans for Briarcliff Oaks will be discussed. If you can not attend during your designated floor time you are welcome to come to the other meeting.

# HAPPY RETIREMENT GEORGE!!!



*"The trouble with retirement is that you never get a day off!" ~ Abe Lemons*

Join us on Friday, January 16th, 1:30 pm to wish our very own George Tsitsilianos good luck and farewell as he retires from Briarcliff Oaks.

Refreshments will be served.

*Cards will be posted on each floor for you to sign*

## Of Note...



If you sign up to attend an event on the bus, please be in the lobby at least 10 minutes before the bus is scheduled to leave. The bus will not wait for residents not present and will leave at it's scheduled time. Thank you for your consideration.



Annual apartment inspections will take place the second week in February, beginning February 9. Schedules will be posted by floor. Contact the office with any questions.



Has your phone number changed? Please give any updated numbers to Tammie at the front desk. Also let her know if you do not want your phone number included in the resident phone directory. We are in the process of updating it.

### Renovation Update

HUD is still in the process of reviewing the Briarcliff Oaks application for the refinancing/renovating of the building. We anticipate HUD will render a decision in January. If the application is approved it will then be necessary to watch the fluctuation of the interest rates, Briarcliff Oaks will only lock into an interest rate that is determined to be beneficial and cost effective for the refinance. It is our hope we will have enough concrete information to be distributed at the floor meetings on January 28.

**Annual Storage Bin Fees Due:** If you have a storage bin, please bring the annual fee of **\$15.00** to Tammie at the front desk during business hours. If you do not wish to keep your storage bin, please have it cleaned out by Friday, January 30. Put in a work order to gain access to the storage unit.

*Vespers.....*

*Tuesdays 7:00 p.m.*

1/6 Rev. Sharon Dowd,  
Pastor, First Baptist Church of  
Decatur

1/13 Rev. Liz Pearson, Minister,  
Briarcliff Baptist Church

1/20 Rev. Joe LaGuardia,  
Chaplain, Clairmont Oaks Inc.

Thank You! Gracias! Merci!  
Danke! Do Jie! Spasiba!

Thank you all for being so kind!  
Thank you for your holiday  
wishes, gifts and prayers!  
It is our pleasure to serve you.

We are looking forward to  
another exciting year at  
Briarcliff Oaks!

Happy Holidays & Happy New  
Year

*Your Briarcliff Oaks Staff*

# Shopping

**Super Wal-Mart**

Friday, January 9th

10:00 a.m.



## Bingo

Wednesday ~ Jan. 7th, 2:30pm

Thursday ~ Jan. 22nd, 7:00 p.m.

# CHOMP'NCHAT

**January 28th**

at 12 noon

*supper out*

**Outback**

Monday, January 12th

**5:00 pm**



*GET YOUR MEDICATIONS!*

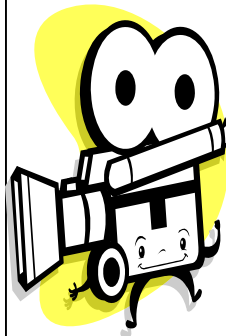
## PHARMACY RUN

CVS, ECKERDS, SAMS &  
WALGREENS

With trip to Dollar Store

Wednesday, January 14th

1:30 p.m.



Join Mary Folks

for a New Year of

Classic Movies

every Friday night at

7:00pm in the Fellowship Hall.

Popcorn provided

*(No movie on January 23rd)*

# ANGEL FOOD MINISTRIES

See resident, Kathryn Hill if you are  
interested in ordering



# Resident Council meeting

January 12th

12 Noon






# VSA ARTS

***Wishes each of you a HAPPY NEW YEAR!  
Please look for upcoming events posted on each floor***

Briarcliff Oaks will hold its first Water Color Art Class on Tuesday, January 13th at 10am in the Activities Room. If you are interested, please contact resident Kathryn Hill. There is a \$2 charge for each class which covers the cost of supplies.




**Shop til U' Drop**  
Cumberland Mall  
Wednesday, January 21st at 10am.  
Signup by Monday, 1/19

Come join other residents as we view the *2009 Inauguration* on Tuesday, January 20th at 12 noon in the Fellowship Hall. Refreshments will be served



**PEACHTREE SYMPHONIC WINDS**  
concert series presents:  
**South Pacific**  
7:00 p.m., Friday, January 23rd at  
Holy Cross Catholic Church  
Signup by 2pm Wednesday, 1/21



**Tour the Headquarters**  
Wednesday, Jan. 7  
**Bus Leaves at 9:30am**  
75 acres of beautifully wooded land. Home to the Chick-fil-A museum with artifacts and displays that span the history of Chick-fil-A. Lunch after with coupons provided by Chick-fil-A.  
Signup by noon Tues., January 5

# WELLNESS WORDS

*NOTE: Unless otherwise stated all presentations will take place in the Fel-*

## *A word from Jamie...*

Thank you for the warm welcome I have received since starting here at Briarcliff Oaks. I am very happy to have met so many of you and look forward to working with those I have not yet had the pleasure.

In order that I may better serve you, I ask that you help me in the following ways...

~If my door is shut I am in a meeting or on the telephone. Please do not knock. Feel free to write a message on the board posted by my door or leave a message with Tammie.



Meet and Greet with Sierra Therapy Services



Tuesday, January 27, 2:00 p.m.

Sierra Therapy has a new look. Come meet the new Physical Therapist, Toynya Murphy

Interested in  
learning

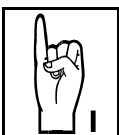
Sign Language?

Monday, January 5,

5:30 p.m.

Fellowship Room

Join instructor, Jay Sanders, for a brief introductory meeting.



At the meeting Jay will

*We make a living by what we get, but we make a life by what we give.*

*-Winston*

## *Make a difference in your community*

The next time you make a trip to the grocery or Target please pick out an extra item (listed below) to help a family in need.

The items collected will be donated to NetWorks. NetWorks is a non-profit organization that gives financial assistance to families in the Northlake/Embry Hills/Tucker area that are dealing with a variety of difficult circumstances.

In addition to the financial assistance NetWorks also offers the families the donated items that are listed below:

- **Packages of individually wrapped snacks (ex: peanut butter crackers, Little Debbie Snack Cakes)**
- **Small travel size toiletry items (deodorant, lotion, shampoo)**

# WELLNESS WORDS

Vitals Check with Sierra Therapy ~ Tues., January 6 ~ 1:00-2:00 p.m.

Blood pressure, pulse and respiratory rate checked. Monthly wellness

## ОБЪЯВЛЕНИЕ

НОВАЯ УСЛУГА Thursday, January 15

(JF&CS) ЕВРЕЙСКОЕ АГЕНТСТВО СЕМЬИ  
И ТРУДОУСТРОЙСТВА

СЛУЖБА ИНФОРМАЦИИ ДЛЯ ПОЖИЛЫХ  
РУССКОГОВОРЯЩИХ ЖИТЕЛЕЙ АТЛАНТЫ

С ВОПРОСАМИ ОБРАЩАЙТЕСЬ К  
АННЕ СКВИРЕНКО

ТЕЛ. 770-677-9371

E-MAIL [annas@jfc-atlanta.org](mailto:annas@jfc-atlanta.org)

## Foot Care



Jon Noonan ~

Thursday, January 22

~Sign up for an appointment in  
the Activity Book.

~John will come to your  
apartment.

**Basic Foot Care with Shirley Ritchie of  
*Affordable Feet*~**

**Saturday, January 10-Activities Rm**

~Sign up for an appointment in  
the Activity Book

~Cost \$15.00—includes a nail trim  
and application of antifungal

## *Exercise at Briarcliff Oaks*

- Qi Gong classes resume on January 8.
- Exercise with Stacy Rogers re-

Diabetes Support Group ~ January 27 ~ 1:00 pm ~ Activities Room

With the start of the new year take the time to review and update the ***Private Legal and Medical Information Form*** that is posted behind your bedroom door.

It is essential this form is current in the event of an emergency situation. This is especially true when you are unable to communicate with emergency personnel yourself.