

# THE ECHO

## March 2010



### Happy St. Patrick's Day Lunch, Movies, & BINGO at the Oaks Pub



Enjoy Corn Beef sandwiches and Cole Slaw  
for \$3.50 per person  
Chips, Cookies, and Beverages provided  
Classic Irish Movie

Wednesday, March 17th at 12:00pm

At 3:00pm come play a special game of BINGO with GIRL SCOUT TROOP #27410  
Prizes and refreshments provided

Signup and pay for meals at the front desk by 2pm Monday, March 15th

**Happy  
Birthday!**

First Baptist Church of Decatur would like to honor all  
residents over 80 years with a luncheon on  
Sunday, March 28th at 11:30am  
Signup by 2pm Monday, March 22nd  
(Free for ages 90+; \$5 for ages 80+; \$5 for all others)

**Annual Apartment Inspections will take place the week of March 8th,  
beginning on the 7th floor Dates and schedules will be posted by  
floor. Contact the office with any questions.**



### *Experience the life and works of Diana, Princess of Wales*

Showcasing the beloved princess' life from childhood to her  
engagement to Prince Charles and their royal wedding. Also featured  
are their children, Diana's charity work, and her famous fashions.

-Walking involved- Handicap Accessible-

1:00pm Friday, March 26th

Tickets Cost: \$14.50 (Includes bus fee)

Please signup and pay by 2pm Friday, March 12th

## Emergency Contact Forms

Please update the enclosed emergency contact form and return it to the office during business hours. Return the forms by Friday, March 19. If you would like copies of your previous form to compare contacts and addresses, see Betty at the front desk.

## Renovation Update

- The 2nd floor renovation is complete. New residents will be moving in as apartments are rented. Please welcome our newcomers as they move in.
- The tower addition is still scheduled to be completed by April 1.
- We will be making some cosmetic changes to the ground floor area so that the space better reflects our newly renovated building.

United States  
Census  
2010  
IT'S IN OUR HANDS

In March of 2010, census forms will be delivered to every residence in the United States and Puerto Rico. When you receive yours, just answer the 10 short questions and then mail the form back in the postage-paid envelope provided. If you don't mail the form back, you may receive a visit from a [census taker](#), who will ask you the [questions from the form](#).

Please note that the census does NOT ask for your Social Security number or for any financial information. If you receive a form asking these questions and/or if someone calls or visits asking these questions, notify staff immediately!!!

Please call Service Coordinator, Carolyn Johnson, if you need more info or have any questions or if you need help completing the census form.

*Vespers.....*

*Tuesdays 7:00 p.m.*

*March 2 Rev. Liz Pearson & Ms. Cindy*

*Marshall, Briarcliff Baptist Church*

*March 9 Rev. Andy Landrum,*

*Clairmont Oaks, Inc.*

## Shop til' u Drop!

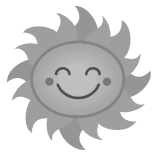
### NORTHLAKE MALL

11:00am Friday,  
March 12th

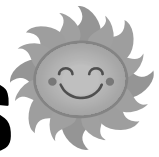
Signup by 2pm  
Thursday,

March 11th





# WELLNESS WORDS



## Special Events in March

### AARP TAX ASSISTANCE

Wednesday, March 3, starting at 10 am in the Fellowship Room

Please sign up in Activity Book. Remember to bring 1099 forms for any income including Social Security & W-2 forms for any employment. Also, remember if you receive food stamps, you are not eligible for GA Low Income Tax Credit.

### March is "Save Your Vision" Month!

Join us on March 26 at 10am in the Fellowship Room for a delicious (and as always healthy) **Breakfast**. Our guest speaker will be Nell Robinson with the Center for Visually Impaired who will discuss how to keep our eyes healthy as we age. Cost of breakfast is only \$2. You may attend at no cost if you do not want breakfast. (Sign up for Breakfast in Activities Book by 2/22 at 4pm.)

### Improve Your English!

Join other residents for whom English is a second language as they share conversation and learn to speak/ understand the language better. Every Tuesday at 1 pm in the Library.

\*\*\*\*\*  
\* Join Chaplain Joe LaGuardia for \*  
\* a new seminar on spiritual \*  
\* disciplines, " Engaging Heart, \*  
\* Soul & Mind" starting Tues. \*  
\* March 16 at 3:30 pm \*  
\* in the Library. \*  
\*\*\*\*\*

### WALK FOR YOUR HEALTH!!

Participate in Briarcliff Oaks new Walking Program. Prizes will be given to those who walk the most miles each month. Contact Service Coordinator, Carolyn Johnson, to sign up. (She can be reached by calling the Front Desk.)



### MARTA is hosting a special community forum for seniors on

Thursday, March 11 9:00 am-12:00pm

MARTA wants YOUR input about changes in 2011 that must be made due to budget problems. If you ride MARTA, you may want to attend. Contact Carolyn for more information.

### Monthly Nail Care!

Our Nail Fair was a big success so Judy, the licensed nail care specialist, will be here each month. Manicure is \$15; pedicure \$20. Tuesday, March 23 starting at 10 am in the Activities Room. Sign up in Activity Book. Event is sponsored by There's No Place Like Your Home (in-home care providers).



### TARGET OFFERS FREE DELIVERY!!

Target will deliver prescriptions and/or over the counter medications at **NO COST!** For more information, call Target pharmacy at 404-267-0061 (press "0" when they answer).

# In The House

March 2- 30	2:00pm	English Conversations (Tuesdays)	Library
March 2	1:00pm	Vitals Check	Activities Room
March 3	10:00am	AARP Tax Assistance	Fellowship Hall
March 8	12:00pm	Council Meeting	Fellowship Hall
March 10	11:00am	Wii Bowling	Fellowship Hall
March 10	2:30pm	BINGO	Fellowship Hall
March 16	3:30pm	Chaplain Joe LaGuardia "Engaging Heart, Soul, & Mind"	Library
March 17	12:00pm	St. Patrick's Day Celebration	Fellowship Hall
March 17	3:00pm	Special BINGO w/Girl Scouts	Fellowship Hall
March 23	10:00am-4:30pm	Nail Care	Activities Room
March 25	7:00pm	BINGO	Fellowship Hall
March 26	10:00am	Breakfast: Healthy Eyes Presentation	Fellowship Hall
March 29	11:00am	Activities Meeting	Fellowship Hall
March 31	12:00pm	Chomp N' Chat	Fellowship Hall
March 31	1:00pm	Wii Bowling	Fellowship Hall

# Out and About

March 5	10:00am	Shopping Trip	Super Wal-Mart
March 8	5:00pm	Supper Out	57th Fighter Squadron Restaurant (\$10-15)
March 12	11:00am	Mall Trip	Northlake
March 15	11:00am	Brunch Out	Matthew's Café (\$5-10)
March 22	5:00pm	Supper Out	Olive Garden (\$10-15)
March 26	1:00pm	Diana: A Celebration	Atlanta Civic Center
March 28	11:30am	80+ Birthday Luncheon	First Baptist Church of Decatur

*~~Please check the calendar for recurring events and trips~~*