

# THE ECHO

## March 2009



### Happy St. Patrick's Day

Join us in the Fellowship Hall to celebrate the Luck of The Irish.

Music, Light Refreshments, Hunt for the Pot O' Gold  
March 17th at 1:00pm



Jim Howe Tours Presents:

#### *Atlanta Highlites*

A video presentation of the greater Atlanta area and surrounding counties. Question and Answer session immediately following.

Refreshments provided.

1:30pm Monday, March 2nd

Signup by 2pm Friday, February. 27th

#### *Tour the*

#### *Immaculate Heart of Mary*

11:00am Friday, March 20th

(Lunch at Lettuce Surprise You)

Signup by 2pm, Tuesday, March 17th

### AARP Tax Assistance

AARP will provide tax assistance on Friday, March 6, from 10am-2pm in the Activities Room. Appointments are scheduled every 20 minutes. Please bring last year's return and the amount of last year's stimulus payment. Sign up by March 2.

### Renovation Update

HUD has approved the application to refinance the building and issued a firm commitment! We are moving ahead with the renovation project. The project will proceed as follows: Those residents who indicated a willingness to go to Clairmont Oaks will be the first to move. The 5th floor will be the first floor to be renovated. Residents on the 5th floor will move to the vacant apartments scattered throughout the building. Once the 5th floor is renovated, residents on the 6th floor will move to five. Renovation of the floors will go up. Letters will go out to families and meetings will be scheduled for the 5th floor and those relocating to Clairmont.

**Administrator's  
Corner**

# Annual Phone Directories

In anticipation of the renovation this year we are handling the phone directories in a different manner. Everyone will receive an 8 1/2" x 11" binder with hole-punched pages listing resident phone numbers by last name and floor. As apartments change throughout the renovation we will provide updated pages with correct information. By doing the directories in this manner, you can be kept up to date on the changes. We will review the format of the directory after the completion of the renovation.

## Garden space

Do you want garden vegetables at your fingertips? Fresh flowers in your apartment? You can have it! The ledge areas on the right of the parking lot have been turned into garden plots. The garden will be yours for the year. Sign up in the Activity Book on a first come basis to reserve a space.



**Bingo callers  
needed!**

**Contact Laura  
to volunteer.**



Be a Volunteer for the  
***SPECIAL OLYMPICS***

Come find out how you can be of assistance to someone special. Leslie Anderson from the Special Olympics of GA will discuss the volunteer opportunities for the 2009 Olympic year.

**1:00 pm Wednesday, March 11th**

*Vespers.....*

*Tuesdays 7:00 p.m.*

*March 3 Rev. Andy Landrum*

*Briarcliff Oaks*

*March 10 Rev. Robert H. Walker*

*Leachtree Baptist Church*

**Girl Scout Performance**

**Fellowship Hall**

**3:30pm**

**Wednesday, March 4**

 **Girl Scouts.**

# WELLNESS WORDS

## Fostering Hope through Hospitality March 17, 3:30 p.m.

Join Chaplain Joe Laguardia for the second in this four month series.

Explore ancient scriptures and contemporary trends to learn the art of hospitality, the spiritual benefits of hospitality and practical ways to build community.

## Hearing & Hearing Aid Check

Audiologist Dr. Tysha Powell will be here Friday, March 13 from 10 am—1 pm. Screenings will be conducted in the library. Sign up in the Activity Book for an appointment time.

Dr. Powell will be coming to Briarcliff Oaks the second Friday every other month.

## Diabetes Expo

The American Diabetes Association Diabetes EXPO will be held Saturday, March 21, at the Georgia World Congress Center. The EXPO includes:

- Exhibits featuring the latest products and services
- Cooking and exercise demonstrations
- FREE health screenings
- Q & A with medical professionals

The bus will leave at 10 am and return at 2 pm. Signup deadline is March 18.

## Counting Sheep?

Join Nancy Calhoun-Sullivan from Medside Healthcare on

Monday, March 16, at 1:00 pm

in the Fellowship Hall for a presentation about sleep and relaxation practices.

*Light refreshments will be served.*

## ОБЪЯВЛЕНИЕ

Thursday, March 19

(JF&CS) ЕВРЕЙСКОЕ АГЕНТСТВО СЕМЬИ И ТРУДОУСТРОЙСТВА

СЛУЖБА ИНФОРМАЦИИ ДЛЯ ПОЖИЛЫХ РУССКОГОВОРЯЩИХ ЖИТЕЛЕЙ АТЛАНТЫ

ОБРАЩАЙТЕСЬ С ВОПРОСАМИ К АННЕ СКВИРЕНКО

ТЕЛ. 770-677-9371 E-MAIL [annas@ifcs-atlanta.org](mailto:annas@ifcs-atlanta.org)

С Анной можно встретиться лично и получить справку по интересующему Вас вопросу с 2 до 3 часов дня в четв. (3-я неделя месяца) в Activity Room at Briarcliff Oaks.

Tonya Murphy with Sierra Therapy has regular hours every Tuesday and Thursday from 9:30 am—12:30 pm.

# In The House

March 2	1:30 pm	Jim Howe Tour	Fellowship Hall
March 3	1:00 pm	Vitals Check with Sierra Therapy	Activities Room
March 4	3:30 pm	Girl Scout Performance	Fellowship Hall
March 6	10:00 am	AARP Tax Assistance	Activities Room
March 11	1:00 pm	Special Olympics Volunteers Mtg.	Fellowship Hall
March 13	10:00 am	Hearing & Hearing Aid Check	Library
March 13	1:00 pm	Chicken Foot Dominos	Fellowship Hall
March 17	3:30 pm	Fostering Hope through Hospitality	Fellowship Hall
March 19	3:00 pm	Russian Assistance	Activities Room
March 19		Foot Care with John Noonan	Apartment

# Out and About

March 4	9:30 am	Breakfast Out	West Egg Cafe
March 9	5:00 pm	Supper Out	Roasters
March 17	5:00 pm	Piano Recital Carole Mitchell & Susan McEwen	GA Perimeter College
March 21	10:00 am	Diabetes EXPO	Georgia World Congress Center
March 24	11:00 am	Mall Trip	Stonecrest Mall
March 27	11:00 am	Mystery Tour & Lunch	???
March 31	11:00 am	Lunch Out	Mexico City

*~~Please check the calendar for recurring events and trips~~*