

THE ECHO

November 2009



Let's Give Thanks !

Please join us for Briarcliff Oaks
Annual Thanksgiving Luncheon

Friday, November 13

Lunch served at 12 noon

(Seating starts at 11:30am)

Price: \$6.25 per person

Pastor Julie Pennington-Russell,

First Baptist Church of Decatur

will fellowship with us.

**Friends & Family
are welcomed**

Menu items:

Carved Turkey
Dressing w/gravy
Cranberry Sauce
Green Beans
Rolls
Homemade Pumpkin Pie

Please sign up and pay by Monday, 11/9, in the Activity Book



Join us in the fellowship hall for an elegant
evening of

Dancing with the Stars

FINALE PARTY!!!

PRIZES!

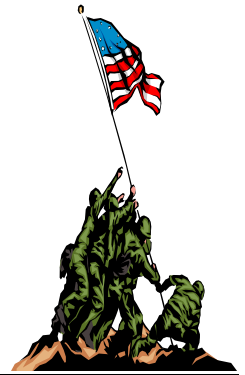
Who do you think will win?

*Select the winning couple and your name will be
entered to win the grand prize.*

8:00pm Tuesday, November 24th

Signup by 2pm Monday, November 23rd

BRIARCLIFF OAKS WOULD LIKE TO SALUTE OUR VETERAN RESIDENTS



If you are a veteran, please join Gene Zweifel out front at 11:00am for the raising of the flag and refreshments in the fellowship hall.

Emory Chamber Ensembles Concert
Schwartz Center for Performing Arts
Listen to students perform in an intimate setting.

6:00pm Sunday, November 15th
Signup by 2pm Friday, November 13th
(Handicap accessibility available)

TANGER OUTLET MALL TRIP
 Commerce, GA
\$6 per person
 Trip includes: bus fee, meet & greet, and complimentary coupon books.
 Enjoy lunch at Cracker Barrel
 10:00am Friday, November 20th
 Signup by 2pm Wednesday, November 18th



- Reminders:***
- **Never** use your stove or burners to heat your apartment. It is a lease violation as well as a fire hazard. Please put in a work order if you are having difficulty with your heat.
 - Briarcliff Oaks strongly discourages the use of candles in the apartments as it is a fire hazard. If you do choose to use candles we recommend the pillar type as they are more solid.

Vespers...Tuesdays 7:00 pm

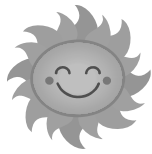
November 3rdMs. Queen Bailey,
 Clairmont Oaks, Inc.

November 10thMr. Brian Roos,
 Musician

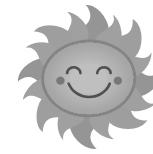
November 17thRev. Joe LaGuardia,
 Chaplain, Clairmont Oaks, Inc.

November 24thNo Service

- Renovation Update**
- Renovation work is progressing on the 4th floor. At this time we are looking at tentative move dates for the 3rd floor to the 4th floor during the week of November 16. This is very speculative and could change.
 - Construction is underway on the tower. In the next 2-3 weeks the concrete footings will be poured to form the foundation. The concrete floor slabs will then be brought in and installed. This is the point when the rear parking lot will be cleared for this work to take place. You will receive detailed information as this date approaches.
 - We realize there has been more noise in the building associated with the tower construction. To help alleviate some of this noise we have disposable ear plugs available at the front desk.



WELLNESS WORDS



Stay Informed— join us for these programs in November:

~Maximizing Your Healthcare during a Hospital Stay~

Wednesday, November 11, 2009, 2 to 3 pm in the Fellowship Hall

Representatives from the Visiting Nurses Association will help you understand how to enhance the care you receive if you are in the hospital and how to receive the best post-hospital (when you return home) care. Light refreshments will be served.

~Navigating Your Benefits and the Healthcare System~

Thursday, November 12, 2009, 11 am to 12 noon in the Fellowship Hall

Presented by the Atlanta Regional Commission, topics include: Managing Your Medicare, Resources to Help pay Medicare Premiums, Co-insurance & Medication Costs, Planning for Long Term Care, etc. We need a minimum of 10 people in order to have this presentation. Please sign up in the Activity Book by November 6.



Sierra Therapy is offering free Balance & Fall Prevention Screening

**Tuesday, Nov. 3 starting at 1 pm.
Sign up by 2pm, Nov. 2nd**



Masters Hands Volunteers
Sat., Nov. 14 beginning at 9:00 a.m.

Volunteers from 1st Baptist Church Decatur can assist with **light** chores such as hanging pictures, turning a mattress,

★ **Chaplain Joe LaGuardia will continue his program, "Virtues for a Strong Community," The virtue for November is "Patience."** ★
★ **Tuesday, Nov. 17 at 3:30 pm in the Activity Room.** ★



Comprehensive Eye Exams with Dr. Kelly Barrows

**Monday, November 16,
10 am to 12noon**

Sign up for an appointment in the Activity Book.



Interested in Foot Care provided by a Podiatrist?

Dr. Atkinson will come to Briarcliff Oaks if we have at least 10 residents wanting care. Let us know your interest by signing in the Activity Book and we may schedule a visit in coming months.

Worried about the Flu???
Tune in to Channel 3 for tips about care and prevention.

In The House

November 2	11:00am	Decorate for Thanksgiving	Fellowship Hall
November 3	1:00pm	Vitals Check/Balance & Fall Prevention	Activities Room
November 3	2:30pm	English Tutor Special Event	Fellowship Hall
November 5	11:00am	Wii Game "Price is Right"	Fellowship Hall
November 11	11:00am	Veterans Recognition	Fellowship Hall
November 11	11:30am	Wii Game "Bowling"	Fellowship Hall
November 11	2:00pm	Visiting Nurses Presentation	Fellowship Hall
November 12	11:00am	Medicare Presentation	Fellowship Hall
November 12	12:00pm	SING-A-LONG W/ Raquel Bustos	Fellowship Hall
November 13	12:00pm	Thanksgiving Luncheon	Fellowship Hall
November 14	9:00am	Master's Hands	In-Home
November 16	10:00am	Eye Exams	Library
November 17	3:30pm	Chaplain Joe LaGuardia "Virtues For A Strong Community"	Activities Room
November 19	11:00am	Wii Game "Price is Right"	Fellowship Hall
November 23	11:00am	Wii Game "Bowling"	Fellowship Hall
November 24	8:00pm	Dancing with the Stars Finale Party	Fellowship Hall

Out and About

November 4	10:00am	Brunch Out	West Egg
November 4	1:30pm	Neighborhood Leaf Tour	Druid Hills
November 9	5:00pm	Supper Out	Olive Garden
November 15	6:00pm	Emory Chamber Ensembles Concert	Emory Schwartz Center for Performing Arts
November 18	11:00am	Lunch Out	Athens Pizza
November 20	10:00am	Mall Trip	Tanger Outlet Commerce, GA
November 23	5:00pm	Supper Out	Joe's Crab Shack
November 30	11:00am	Mystery Tour	???

~~Please check the calendar for recurring weekly events and trips~~