

THE ECHO

September 2009

Join us for an end of summer picnic at
Stone Mountain Park

11:00am Friday, September 25th

We will tour the park, visit plantation stores,
and picnic at the Studdard Picnic area.

Cost: \$5.00 per person (includes lunch)

Signup by 2pm, Wednesday September 23rd

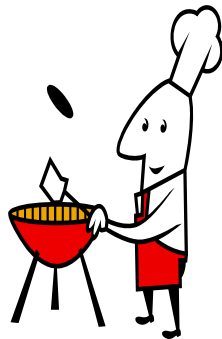


Come down to Turner Field for the
1st Annual Atlanta BBQ Festival

Sample BBQ of professional and backyard
cooks, live music, and
guest appearances.

**11:00am Saturday,
September 12th**

*Signup by 2pm Friday,
September 11th*



Crusselle Freeman

Church of the Deaf

Jay Sanders invites all residents to attend the
encore presentation of

THE SINGING HANDS CHOIR 9th ANNUAL CONCERT
4:30pm Saturday, September 26th

Monetary donations will be accepted to benefit
Clark's Kids Foundation Christmas Fund

Signup by 2pm Friday, September 25th



Stone Mountain: Yellow Daisy Festival

10:00am Thursday, September 10th

Enjoy artist and crafters from over 38 states and two countries. Live
entertainment, clogging, and fabulous food.

Cost: \$2 per person

Signup by 2pm, Wednesday, September 9th

Would you like to research your ancestry? If so, signup to visit the
Family History Center

Staff members will provide orientation about the center, answer any research questions, and
allow access to microfilmed genealogical records (\$6 fee for microfilm).

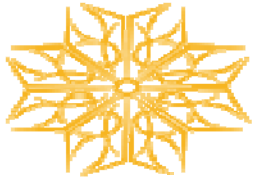
10:00am Wednesday, September 23rd

Signup by 2pm Tuesday, September 22nd

2982 BRIARCLIFF RD., N.E., ATLANTA, GA 30329 404-634-3263

Renovation Update

- Renovation work is continuing on the 7th floor. At this time we are anticipating residents from the 4th floor moving to the 7th floor the middle to end of September. This is a tentative time frame.
- Work was delayed on tower construction. The issues have been resolved and we hope construction will begin in September.



CALLAN WOLDE
FINE ARTS CENTER

Presents
Jane Kerr

"A NEW SLANT ON THE SOUTH"

The photo exhibit opens Friday, September 18th with the artist reception starting at 7pm.

The exhibit features photographs of her journey through Mississippi and other rural South areas.

Bus leaves at 6:30pm

Signup by 2pm Thursday, September 17th

We want your opinion...

Are you enjoying the music in the passenger elevator? Let us know what you think. Drop a note in the suggestion box, by the front desk or talk to a staff member.

~New Trip~

Starting Tuesday, September 1st, we will make trips to local banks in addition to the Pharmacy and Dollar Tree stores.

Please identify your bank when signing up.



MARGE HOWARD

Apt. 405

P# 404-327-9895

Vespers...Tuesdays 7:00 p.m.

September 1	Rev. James Brewer-Calvert First Christian Church of Decatur
September 8	Rev. Andy Landrum Briarcliff Oaks
September 15	Rev. Joe LaGuardia, Chaplain Clairmont Oaks, Inc.
September 22	Mr. Brian Roos, Musician
September 29	Ms. Ann Marney

GAME NIGHT

Would you like to learn how to play Bridge?



If so, please join Gene Zweifel in the Activities Room as he provides one-on-one instruction.

6:30pm Thursday, September 3rd

Light Refreshments will be served

~All residents are welcome~

WELLNESS WORDS

ОБЪЯВЛЕНИЕ

Thursday, September 17

(JF&CS) ЕВРЕЙСКОЕ АГЕНТСТВО СЕМЬИ И
ТРУДОУСТРОЙСТВА

СЛУЖБА ИНФОРМАЦИИ ДЛЯ ПОЖИЛЫХ РУССКОГОВОРЯЩИХ
ЖИТЕЛЕЙ АТЛАНТЫ

ОБРАЩАЙТЕСЬ С ВОПРОСАМИ К АННЕ СКВИРЕНКО

ТЕЛ. 770-677-9371 E-MAIL annas@jfcs-atlanta.org

С Анной можно встретиться лично и получить справку по
интересующему Вас вопросу с 2 до 3 часов дня в четв. (3-я неделя
месяца) в Activity Room at Briarcliff Oaks.

English as a Second Language

Want to learn English or improve your English speaking skills? Join Suruba Wechsler on Tuesdays as she leads this class.

Sierra Therapy offers physical therapy services in the building. For information or assistance contact them at 770-465-5084

FOOT CARE

Dr. Atkinson, Podiatrist

September date to
be announced



Located in the Library

Sign up in the Activity Book for
an appointment

Flu Shots

Flu and Pneumonia shots will be offered at Briarcliff Oaks on
Tuesday, October 8

Please sign up at the front desk, pick up a form (available after 9/7) and bring your Medicare card to the front desk to be copied (during business hours)

Bring the completed form and the copy of your Medicare with you the day you receive the shot.

In light of the World Health Organization's (WHO) declaration of a novel H1N1 flu pandemic we want to make you aware of some important information for dealing with this disease. The following information is from the website of the Centers for Disease Control (CDC):

Take these everyday steps to protect your health:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. [Alcohol-based hand cleaners](#)* are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you are sick with flu-like illness, [CDC recommends that you stay home for at least 24 hours after your fever is gone](#) except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.) Keep away from others as much as possible to keep from making others sick.

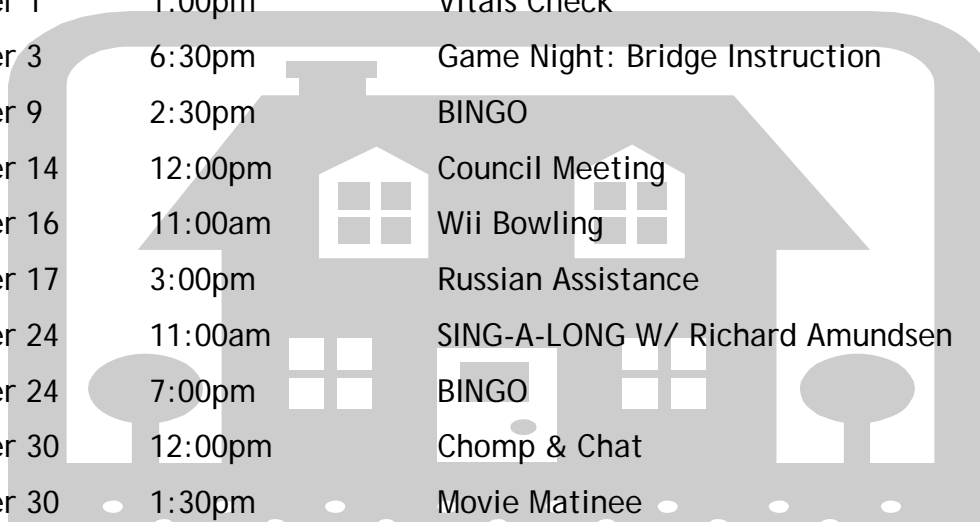
Other important actions that you can take are:

- Follow public health advice regarding school closures, avoiding crowds and other social distancing measures.
- Be prepared in case you get sick and need to stay home for a week or so; a supply of over-the-counter medicines, [alcohol-based hand rubs](#)*, tissues and other related items might be useful and help avoid the need to make trips out in public while you are sick and contagious

For more information about H1N1 flu go to the website of the CDC, www.cdc.gov/H1N1flu or contact the Briarcliff Oaks office.

As a reminder, the seasonal influenza season is approaching. See above for details regarding flu shots at Briarcliff Oaks.

In The House



September 1	1:00pm	Vitals Check	Activities Room
September 3	6:30pm	Game Night: Bridge Instruction	Activities Room
September 9	2:30pm	BINGO	Fellowship Hall
September 14	12:00pm	Council Meeting	Fellowship Hall
September 16	11:00am	Wii Bowling	Fellowship Hall
September 17	3:00pm	Russian Assistance	Activities Room
September 24	11:00am	SING-A-LONG W/ Richard Amundsen	Fellowship Hall
September 24	7:00pm	BINGO	Fellowship Hall
September 30	12:00pm	Chomp & Chat	Fellowship Hall
September 30	1:30pm	Movie Matinee	Fellowship Hall

Out and About



September 1	10:00am	New Trip	Banks Added to Pharmacy/Dollar Tree
September 4	10:00am	Shopping Trip	Super Wal-Mart
September 9	11:00am	Lunch Out	Violette
September 10	10:00am	Yellow Daisy Festival	Stone Mountain
September 11	10:00am	Mall Trip	Gwinnett Place Mall
September 12	11:00am	Atlanta BBQ Festival	Turner Field Green Lot
September 14	5:00pm	Supper Out	Bugaboo Creek Steak House
September 18	6:30pm	Jane Kerr Art Exhibit	Callanwolde Arts Center
September 21	11:00am	Mystery Tour	???
September 23	10:00am	Family History Center	Tucker
September 25	11:00am	Resident Picnic	Stone Mountain
September 26	4:30pm	Singing Hands Choir Concert	Crusselle Freeman Church
September 28	5:00pm	Supper Out	TBA

~~Please check the calendar for recurring weekly events and trips~~